How to: stop your iPhone tracking your Frequent Locations

Apple have just released their new iPhones, which means a new operating system (iOS) update is bound to follow.

If you have an Apple device on iOS7 (which according to Apple, 92% of their users do) your phone may be tracking and logging the places you visit most frequently - like where you live, go to school or your favourite places to hang out with your mates – without you knowing.

The location services feature is designed to allow your phone to show you the most relevant local information based on where you are, but what if your phone was stolen or someone was able to access this information on your phone?

If you're trying to protect your privacy and your personal security you might not want this sort of information stored where someone could easily find it if they were somehow able to access to your phone.

To switch off this feature:

- Go to the 'Settings' icon on your iPhone then tap into 'Privacy'
- At the top of the next list tap into 'Location Services'
- Scroll to the bottom of the next list and open 'System Services'
- From there scroll to bottom of the next list and open 'Frequent Locations'
- You will then be able to see any locations that have already been stored on your phone. You can scroll to the bottom and remove these by selecting 'clear history'.
- Switch off 'Frequent Locations' to stop this information being stored on your phone.

For more advice and screenshots to help you when trying to switch off this feature visit: http://www.imore.com/how-turn-off-ios-7-location-tracking-increase-privacy

For more information about the new features in iOS 8 visit: http://www.theguardian.com/technology/2014/sep/17/ios-8-review-iphone-ipad-apple